

THE VITAL INGREDIENTS

FOR GLO'S DISCIPLE MAKING

Experts often emphasize the importance of having a balanced diet for good health. When combined with physical activity, a healthy diet can prevent chronic diseases, help us reach and maintain a healthy weight, plus promote our overall health.

A healthy diet is not only beneficial in the physical realm, it is also crucial in the spiritual realm. Scripture emphasizes that the right combination of spiritual ingredients are essential for growing up in every way into Christ (Eph. 4:15). Based on the example of Christ, GLO Ministries believes that there are six key ingredients for effective disciple making. In all our training, whether it be formal or informal, we make a conscious effort to ensure that we combine all six key ingredients for effective disciple making.



#1. CHRIST CENTRED TRAINING

THAT ENRICHES YOUR RELATIONSHIP WITH GOD

Jesus' method of training the twelve was based on association. In Mark 3:14 Jesus "appointed twelve ... so that they might be with him and he might send them out to preach." Simply being together with His disciples was the heart of Jesus' approach to discipleship.

Likewise, the heart of GLO Australia's approach to discipleship is to encourage people to "be with Jesus". In this respect, every aspect of our discipleship programs aim to be Christ centred so that every trainee develops the habit of enjoying a personal encounter with Christ each day through practising spiritual disciplines.



#2. BIBLE BASED TRAINING

THAT ENHANCES YOUR KNOWLEDGE OF GOD'S WORD

In Matthew 4:4 Jesus said, "It is written, 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'" Warren Wiersbe comments that, "feeding the inner spiritual person is far more important than feeding the physical... Jesus lived under the authority of God's Word; so should we." For this reason, practical Bible teaching is one of the hallmarks of all GLO's training programs. Scripture tells us that God's Word is vital for salvation (Rom. 1:16; Rom. 10:17), a primary source of spiritual growth (1 Pet. 2:2), and a powerful tool for equipping believers for service (2 Tim. 3:16-17). Therefore, no discipleship program can be truly effective without being Bible based.



#3. DISCIPLESHIP ORIENTATED TRAINING

THAT EXPOSES YOU TO A DISCIPLESHIP LIFESTYLE

In Matthew 28:19 Jesus said, "go therefore and make disciples of all nations..." The idea behind this command is that Jesus' followers are to go out into the world and win others who would come to be what they themselves are—disciples of Christ.

For this reason, GLO's training programs are based upon a discipleship relationship. A discipleship relationship is made up of two primary ingredients: hearing from God through someone and seeing God in someone. Therefore, just like Jesus, we strive to ensure that the trainers and trainees "share their lives" with one another. GLO training is not simply about turning up to class and turning in assignments. Rather, one of the key features of GLO's training is that it is "life on life". That is, the trainers and trainees "do life" together for an extensive period of time.



#4. MINISTRY FOCUSED TRAINING

THAT EQUIPS YOU WITH SKILLS FOR SERVICE

In Matthew 4:19 Jesus said to His disciples, "follow me, and I will make you fishers of men." Jesus made it clear from the start that His approach to discipleship was designed to produce a life of service.

Like Jesus, GLO discipleship training aims to heavily involve trainees in the work of ministry. As such, GLO's training programs are actually ministry apprenticeships where trainees learn by doing. In keeping with the apprenticeship model GLO Training follows a five stage training process;

1. Instruction (I tell you, you listen to me);
2. Illustration (I show you, you watch me);
3. Involvement (We do it together);
4. Improvement (I watch you, and tell you how you can improve);
5. Inspiration (You are fully trained, now go out and repeat the process).

By immersing trainees in ministry throughout the training process, it is our hope that all our trainees will not only be equipped for service, but that they would make a personal commitment to pour out their lives in service for God.



#5. MISSION MINDED TRAINING

THAT ENLARGES YOUR VISION FOR WORLD MISSION

In Luke 9:23-24 Jesus said to His disciples “If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it.” Right from the outset Jesus made it clear that He had a higher purpose for His disciples. He wanted them to consciously make living for Christ’s purposes the highest priority in their life.

For this reason, GLO discipleship training is mission minded. We purposely aim to enlarge our trainees’ vision for world mission and excite them to live for eternity. By the conclusion of our training we want our trainees to make a decision to lose themselves in living for the Kingdom.



#6. CHURCH LINKED TRAINING

THAT ENGAGES YOU WITH THE LOCAL CHURCH

In Matthew 16:18 Christ promised, “I will build my Church, and the gates of hell shall not prevail against it.” Furthermore, Paul reminds us that Jesus loves the church (Eph. 5:25) and that He displays Himself through the Church (Eph. 3:10).

For this reason, GLO discipleship training is intimately linked with the Church. By engaging trainees with the local Church it is hoped, that by the end of the training, our trainees will make a commitment to help Jesus build His Church by actively serving in the local Church.

Of course there are many other important ingredients that make up GLO Discipleship Training. Training curriculums, teaching programs and assessments to name a few. Whilst all these ingredients are important, they can all be changed and adapted to suit different settings and cultures. What can’t be changed, however, regardless of the setting or the culture, are the six key ingredients of effective discipleship.

HEALTHY DIET

Medical practitioners are convinced that a healthy diet consists of high-quality proteins, carbohydrates, heart-healthy fats, vitamins, minerals and water. Likewise, after 50 years experience, GLO Ministries is convinced that the key ingredients for effective discipleship consists of a Christ centred, Bible based, disciple relationship that is ministry focused, mission minded and Church linked.

By Andrew Cowell